

# MIDSTATE EMERGENCY MEDICAL SERVICES

## Patient Refusal Packet

MIDSTATE EMS Patient Refusal Form Patient name: PCR/Run#: .

Date/time of service:	EMS Agency name:	
Printed EMT name & number:	List base station physician contact- required for "Other" Instructions:	
Patient Refusal		
( ) Blood pressure and pulse checked (	) To have an IV started	
( ) Medicine(s):( ( ) Neck collar ( ) Other:	) Oxygen	
I refuse the above care the EMTs said I need.  Provider should check the appropriate box and have the patient sign on the Responsible Party line		
Instructions		
My signature below acknowledges that the EMTs have given me X Universal Instructions	e instructions that tell me what to do for the following problems:	
( ) Chest Pain ( ) Wound Care ( ) Belly Pain ( ) Headache ( ) Fever ( ) Low Blood Sugar ( ) Respiratory Distress ( ) Extremity Injury ( ) Other (contact Medical Control):	( ) Insect Bite/Sting ( ) Vomiting/Diarrhea ( ) Seizures ( ) Head Injury ( ) Fainting ( ) Back Pain	
Provider should check the appropriate box above and have the pa	tient sign on the Responsible Party line below.	
Statement Acknowledging Refusal and Receipt of Privacy Practices		
I understand that I may have a condition that requires care by a physician. I understand that there may be a risk to my health if I do not seek medical care from a physician.		
I assume the risks and consequences involved and release those offering to treat and/or transport me, as well as their employers, from any responsibility whatsoever for any unfavorable conditions or injuries caused by my refusal. I refuse treatment and/or transportation to a hospital. I forever waive all actions and claims by me or on my behalf resulting from my refusal or treatment and/or transportation.		
Responsible Party signature	Date	
Witness Statement		
I observed the above named person review and sign the appear confused. The person appeared to understand the	e statement above. The person was alert and did not	
Witness Signature	Date	
Print Name		
fibrac DASREMAC		

## **INSTRUCTIONS**

#### X UNIVERSAL INSTRUCTIONS:

- If you change your mind or your condition becomes worse and you decide to accept treatment and transport by Emergency Medical Services, please do
  not hesitate to call us back or seek other medical care.
- If any time you take a medicine and become short of breath, start wheezing, get hives or a rash, or have an unexpected reaction, call 9-1-1 or your local emergency number immediately. ALWAYS take medicine as directed on the label. NEVER take someone else's prescription medicine.

Belly pain is also called abdominal pain. Many

illnesses can cause belly pain and the EMS crew

cannot determine the cause of your belly pain,

Take your temperature every 4 hours.

Call a doctor, go to the emergency department,

Call a doctor, go to the emergency department, or call 911 immediately if:

Your pain gets worse or is only in I area

Apply ice on the injured part or area for 15

Elevate the injured part above the level of the

heart as much as possible for the first 2 days to help

You throw up blood have blood in

your stool, or have black or sticky stools.

trouble passing urine, or trouble breathing.

to 20 minutes each hour for the first 2 days.

Use the injured part as pain allows.

Call a doctor, go to the emergency department,

• The bruising, swelling, or pain gets worse despite the treatment listed above.

Any problem listed on the WOUND

Your are not able to move the injured part

decrease pain and swelling.

or call 911 immediately if:

CARE instructions are noted

Temperature above 101"

You become dizzy or faint. You have a temperature over 101°,

BELLY PAIN:

or call 911 immediately if:

#### CHEST PAIN

- There are many causes of chest pain. The cause of your chest pain cannot be determined.
- Avoid activity that increases your pain.
- If you smoke, QUIT!
- Take deep breaths each hour even if it hurts.
- If you take medicines for chest pain, take your medicine as directed.

### Call a doctor, go to the emergency department, or call 911 immediately if:

- . Your pain worsens with activity.
- You develop difficulty breathing.
- You develop cough, chills, fever, upset stomach, shoulder, jaw, or back pain, throw up blood, see blood in your urine, fever greater than 101°.
- You have blood come up when you cough.
- You develop black or sticky stools.
- You faint (pass out).

#### SHORTNESS OF BREATH: EXTREMITY INJURY:

- Respiratory distress is also known as shortness of breath or difficulty breathing.
- There are many causes of respiratory distress.
   You should avoid any substance that causes you any difficulty breathing.
- If you take medication for difficulty breathing, take your medicine as directed.
- Call a doctor, go to the emergency department, or call 911 immediately if:

#### or can six inimensity in:

- Temperature is more than 101°.
- The cough, wheeze, or difficulty breathing become worse or does not improve, even if taking medications.
- You have chest pain.
- Your sputum (spit) turns color.
- You are not able to perform normal activities.

## You are not improving in 2 days or you are not using the injured part in 1 week HEADACHE:

There are many causes of headache.

or if you have numbness or tingling in the

- The cause of your headache cannot be determined.
- Rest in a quiet, dark room for 20-30 minutes.
- Apply ice or heat to areas of pain.

### Call a doctor, go to the emergency department, or call 911 immediately if:

- Your headache worsens or does not improve within 24 hours.
- Your vision changes or you become sensitive to light
- You develop a fever greater than 101° or have a seizure.
- You have a rash.
- You have yellow or green discharge from your
- Your family cannot awaken you.
- You are not acting as you normally do.

#### FEVER:

- Always take medicines as directed on the label. Tylenol (acetaminophen) and ibuprofen can be taken at the same time.
- If you are taking any antibiotics, take them until they are gone, not until you are feeling better.
- Drink extra non-caffeinated liquids (1 glass of water, soft drink, or Gatorade per hour of fever for an adult)
- If the temperature is above 103°, it can be brought down by sponge bath with room temperature, NOT COLD, water.
- · Take your temperature every 4 hours.
- Temperature is greater than 101° for 24 hours.
- A child becomes less active or alert.
- You develop a rash.
- Your fever does not come down with acetaminophen or ibuprofen.

#### VOMITING/DIARRHEA:

- Many things can cause vomiting (throwing up). It can occur in anyone and should be watched closely.
- Diarrhea can also occur in anyone and can be a reaction to food or infection.
- Dehydration (loss of water) can occur with either vomiting or diarrhea.
- Drink clear liquids without alcohol (flat soda, Gatorade, or juice) for the first 12 hours. Begin with small sips and slowly increase the amount you drink.

### Call a doctor, go to the emergency department, or call 911 immediately if:

- Temperature is greater than 101°.
- Vomiting or diarrhea lasts longer than 24 hours, you notice blood in the vomit or diarrhea or you have black or sticky stools.
- You cannot keep fluids down or you haven't urinated in 8 hours.

#### LOW BLOOD SUGAR:

- Today your blood sugar was mg/d
- Taking too much insulin/diabetes medicine, too much exercise, delayed or skipped meals can cause low blood sugar.
- Signs and symptoms include shakiness, sweating, irritable, feeling faint, fainting, weakness, sleepiness, confusion, pounding heart.
- Test your blood sugar. If it is below 80 you should drink 8 ounces of whole milk, eat a candy bar, or use glucose tablets. Then you should eat a light meal to help keep your blood sugar up.
- Be sure to tell your doctor of this event.

## Call a doctor, go to the emergency department, or call 911 immediately if:

- Any new or severe symptoms.
- Blood sugar below 60.
- You have a fever above 101°.

- WOUND CARE:
   Wounds include cuts, scrapes, bites, abrasions, or puncture wounds.
- If the wound begins to bleed, apply pressure over the wound with a clean bandage or cloth and elevate the wound above the heart for 5-10 minutes.
- Clean the wound twice daily with soapy water and keep the wound dry. It is safe to shower but do not place the wound in bath or dish water. Remove the bandage prior to showering.
- Change the bandage at least daily or when dirty.
- You will need a tetanus shot if you have not had one in 10 years.

#### Call a doctor, go to the emergency department,

#### 911 immediately if:

- Fever above 101.
- Bruising, swelling, or pain gets worse or bleeding is not controlled as directed above.
- Any signs of infection such as redness, pus, red streaks, or a bad smell from the wound.

## **INSTRUCTIONS**

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BACK PAIN:	HEAD INJURY:	INSECT BITE/STING:
Apply ice to the painful area to help relieve	You may have a headache, nausea,	A bite or sting typically is a red lump that
pain. Apply the ice for no more than 20 minutes	or vomiting after a blow to the head.	may have a hole in the center. You may have
every hour. Keep a cloth between the ice bag and	Awaken the individual every 2 hours	pain, swelling, and a rash. Severe stings may
your skin. If ice does not help, try heat in the	for the first 24 hours after the injury.	cause a headache and an upset stomach.
same way. Be careful not to bum yourself.	Ice may be applied to the injured area	Some people will have an allergic reaction
<ul> <li>Stay in bed for the first 24 hours.</li> </ul>	to decrease pain.	to a bite or sting. Difficulty breathing, throat or
<ul> <li>Begin normal activity when you can do</li> </ul>	Drink clear, non-alcoholic liquids for the first	tongue swelling, or chest pains are emergencies
them without causing pain.	12 hours after the injury.	which require immediate care.
<ul> <li>When picking things up, bend at the hips</li> </ul>	Tylenol (acetaminophen) or ibuprofen may	Elevation of the injured part and ice applied
and knees. Never bend from the waist only.	be used for pain.	to the area will help decrease pain and swelling.
		Benadryl (diphenhydramine) may be used
Call a doctor, go to the emergency department,	Call a doctor, go to the emergency department,	as directed to control itching and hives.
or call 911 immediately if:	or call 911 immediately if:	1
<ul> <li>The pain increases or goes down your leg.</li> </ul>	The injured person is vomiting all the time, is	Call a doctor, go to the emergency department,
<ul> <li>Your have trouble urinating or having a bowel</li> </ul>	not able to be awakened; has trouble walking or	or call 911 immediately if:
movement or lose control of your urine or bowels.	using an arm or leg, has a scizure, develops	<ul> <li>You develop chest pain, difficulty breathing,</li> </ul>
<ul> <li>You have numbness or weakness in</li> </ul>	unequal pupils, has a clear or bloody fluid coming	or swelling of the tongue or throat
your arms, hands, legs, or feet	from the ears or nose, or has strange behavior.	The area becomes rett warm, tender and
		swollen beyond the area of the bite or sting.
		<ul> <li>You develop a fever above 101°.</li> </ul>
SEIZURES	FAINTING	OTHER
Today you had a seizure.	Today you fainted.	MEDICAL CONTROL MUST BE
A seizure can be caused from infection.	Many things can cause fainting. Problems	CONSULTED PRIOR TO COMPLETION OF
trauma, or epilepsy.	with heart rhythms, heart attacks, low blood	THIS SECTION.
If you take medicines to control seizures,	pressure from bleeding or dehydration, low blood	THIS SECTION.
take your medication exactly as directed.	sugar, stroke, heat stroke, and head injury are	The EMTs which treated you today have spoken
If you had a seizure and are taking	some of the things that can cause fainting.	with a doctor.
your medicines, call your doctor.	Fainting can indicate a serious problem. You	You may have
Seizure medicines require you to take them	must see your doctor. Call for an appointment	- Valina in the same of the sa
every day to keep the right level in your blood. If	today.	
you have not taken your seizure medicines in a	If you have been vomiting or had diarrhea,	
few days, call your doctor for advice on how much	refer to that section in these instructions.	
you should take.	Total to that section in these institutions.	
, , , , , , , , , , , , , , , , , , , ,	Others around you should take you to the	
Others around you should take you to the	emergency department, or call 911 immediately	
emergency department, or call 911 immediately	if:	
if:	You faint again.	
You have another seizure and it lasts for more	You have any kind of a seizure.	•
than 5 minutes.	You have chest pain or a headache.	
<ul> <li>You have a fever, neck stiffness, or headache</li> </ul>	You have a temperature above 101°.	
followed by a seizure.	You throw up blood or stuff that looks	
You do not wake up between seizures.	like coffee ground or have black stools.	
		Call your doctor, go to the emergency
Others around you should:		department, or call 911 immediately if:
<ul> <li>Move objects out of your way if you are</li> </ul>		•
seizing.		
<ul> <li>Not try to restrain you if you are seizing.</li> </ul>		
<ul> <li>Not put anything into your mouth (you cannot</li> </ul>	,	
swallow your tongue).		
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THE FOLLOWING NUMBERS:	THE FOLLOWING NUMBERS:	TO FIND A DOCTOR, YOU MAY CALL ANY OF THE FOLLOWING NUMBERS:
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Community Memorial	Rome Memorial	St. Elizabeth Medical Center
Hamilton NY	Rome, NY	Utica, NY
315-824-1100	315-338-7000	315-798-8100
	515 550-7000	212-120-0100
Oneida Healthcare	Little Falls Hospital	Faxton St. Luke's Healthcare
Oneida, NY	Little Falls, NY	Utica, NY
315-361-6000	315-823-2234	315- 624-6000
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